

| rank | name | Family name | Birth date | weightclass | sinclair | total | best snatch | Best C&J | Club | event |
|------|-----------|-----------------|------------|-------------|----------|-------|-------------|----------|------------------------------|--------------------------------------------|
| 1 | Karen | Tovmasjan | 1990 | -94 kg | 359,848 | 313 | 143 | 170 | | 2018 Nederlands Senioren Kampioenschappen |
| 2 | Enzo | Kuworje | 2001 | +105 kg | 351,109 | 346 | 153 | 193 | WaalSport | 2018 Nederlands Senioren Kampioenschappen |
| 3 | Robert | Van den Hof | 1994 | -105 kg | 343,079 | 305 | 134 | 171 | UnScared Weightlifting | 2018 Nederlands Senioren Kampioenschappen |
| 4 | Rehuël | Peilouw | 1991 | -62 kg | 309,976 | 215 | 95 | 120 | | 2018 Nederlands Senioren Kampioenschappen |
| 5 | Pim | Kokos | 1989 | -85 kg | 309,604 | 259 | 119 | 140 | | 2018 Nederlands Senioren Kampioenschappen |
| 6 | Douwe | Zantinge | 1995 | -85 kg | 306,685 | 257 | 115 | 142 | WaalSport | 2018 Nederlands Senioren Kampioenschappen |
| 7 | Jeremia | Kortmann | 1990 | -77 kg | 297,122 | 232 | 107 | 125 | UnScared Weightlifting | 2018 Nederlands Senioren Kampioenschappen |
| 8 | Frank | van der Meulen | 1983 | -105 kg | 294,540 | 260 | 120 | 140 | MLAB | NORTHWEST INTL MASTERS TOURNAMENT |
| 9 | Jesset | Zweverink | 1991 | -69 kg | 292,388 | 217 | 95 | 122 | | 2018 Nederlands Senioren Kampioenschappen |
| 10 | Dirk | Brouwer | 1985 | -105 kg | 287,652 | 261 | 121 | 140 | | 2018 Nederlands Senioren Kampioenschappen |
| 11 | Kristan | Jongkees | 1992 | -105 kg | 284,906 | 254 | 112 | 142 | Gewichtheffen Zwolle | 2018 Nederlands Senioren Kampioenschappen |
| 12 | Randolf | van Gelderen | 1993 | -94 kg | 284,107 | 241 | 111 | 130 | Dutch Strength | 2018 Nederlands Senioren Kampioenschappen |
| 13 | Tom | de Hoop | 1999 | -77 kg | 283,073 | 217 | 97 | 120 | | 2018 Nederlands Senioren Kampioenschappen |
| 14 | Teun | Bruijnen | 1996 | -69 kg | 278,400 | 207 | 95 | 112 | Dutch Strength | National team competition 2018 - round 2 |
| 15 | Peter | Winters | 1986 | +105 kg | 270,556 | 256 | 118 | 138 | | 2018 Nederlands Senioren Kampioenschappen |
| 16 | Tim | Hulsman | 1985 | +105 kg | 269,228 | 250 | 114 | 136 | | 2018 Nederlands Senioren Kampioenschappen |
| 17 | Yu Shan | Lam | 1984 | -85 kg | 268,231 | 224 | 100 | 124 | | 2018 Nederlands Senioren Kampioenschappen |
| 18 | Sjoerd | Dijkstra | 1996 | -85 kg | 262,085 | 216 | 101 | 115 | Weightlifting Rotterdam | National team competition 2018 - round 2 |
| 19 | Stefano | Samuel | 1991 | -69 kg | 261,781 | 195 | 90 | 105 | No Excuses | 2018 Nederlands Senioren Kampioenschappen |
| 20 | Marc | van der Niet | 1992 | -94 kg | 256,981 | 223 | 98 | 125 | L.K.V. de Spartaan | Dutch Strength Spring Cup |
| 21 | Guido | Ansem | 1996 | -94 kg | 252,634 | 216 | 100 | 116 | Weightlifting Rotterdam | National team competition 2018 - round 2 |
| 22 | Thomas | Schonk | 1988 | -85 kg | 251,912 | 208 | 98 | 110 | | 2018 Nederlands Senioren Kampioenschappen |
| 23 | Hans | Van Zalen | 1983 | -94 kg | 250,197 | 220 | 105 | 115 | | 2018 Nederlands Senioren Kampioenschappen |
| 24 | Rob | Tankink | 1981 | -85 kg | 247,415 | 200 | 85 | 115 | WaalSport | NORTHWEST INTL MASTERS TOURNAMENT |
| 25 | Roel | de Gouw | 1995 | -94 kg | 244,039 | 206 | 89 | 117 | MLAB Weightlifting | 2018 Nederlands Senioren Kampioenschappen |
| 26 | Lodewijk | Man | 1979 | -94 kg | 236,626 | 202 | 92 | 110 | Dutch Strength | 2018 Nederlands Senioren Kampioenschappen |
| 27 | Peter | van der Kruijs | 1985 | -85 kg | 236,414 | 198 | 88 | 110 | | Dutch Strength Spring Cup |
| 28 | Roy | van Bun | 1975 | -85 kg | 232,170 | 195 | 85 | 110 | | NORTHWEST INTL MASTERS TOURNAMENT |
| 29 | Emirhan | Bayrak | 1995 | -69 kg | 232,109 | 170 | 77 | 93 | USC | National team competition 2018 - round 2 |
| 30 | John | Jacobs | 1975 | -94 kg | 217,236 | 190 | 85 | 105 | North West Weightlifting | NORTHWEST INTL MASTERS TOURNAMENT |
| 31 | Tom | Bruijnen | 1962 | -77 kg | 216,233 | 173 | 77 | 96 | Dutch Strength | National team competition 2018 - round 2 |
| 32 | Stein | Jongerius | 1995 | -85 kg | 211,945 | 175 | 75 | 100 | WaalSport | Dutch Strength Spring Cup |
| 33 | Tom | Lanting | 1995 | -105 kg | 204,958 | 181 | 80 | 101 | USC | National team competition 2018 - round 2 |
| 34 | Christian | de Smit | 1982 | -77 kg | 203,265 | 161 | 65 | 96 | | NORTHWEST INTL MASTERS TOURNAMENT |
| 35 | Paul | Pieterse | 1982 | -94 kg | 186,422 | 162 | 66 | 96 | Crossfit energy | NORTHWEST INTL MASTERS TOURNAMENT |
| 36 | Francisco | Galarce Morales | 1981 | -105 kg | 179,612 | 160 | 70 | 90 | | NORTHWEST INTL MASTERS TOURNAMENT |
| 37 | Frank | van Ingen | 1964 | -85 kg | 170,721 | 140 | 60 | 80 | We Lift | NORTHWEST INTL MASTERS TOURNAMENT |
| 38 | Jim | van der Wolf | 2002 | -77 kg | 146,162 | 115 | 55 | 60 | Crossfit Amersfoort | 2017 Nederlandse Junioren Kampioenschappen |
| 39 | Friso | van der Meulen | 1955 | -85 kg | 141,270 | 117 | 52 | 65 | MLAB | NORTHWEST INTL MASTERS TOURNAMENT |
| 40 | Dick | van Ladensteijn | 1948 | -77 kg | 140,986 | 110 | 50 | 60 | North West Weightlifting | NORTHWEST INTL MASTERS TOURNAMENT |
| 41 | Paul | Meijer | 1953 | -85 kg | 118,544 | 98 | 40 | 58 | Crossfit Amersfoort Weightli | NORTHWEST INTL MASTERS TOURNAMENT |
| 42 | Henk | van Woerkom | 1946 | -69 kg | 115,664 | 86 | 37 | 49 | WaalSport | NORTHWEST INTL MASTERS TOURNAMENT |
| 43 | Niek | Faas | 1944 | -85 kg | 113,706 | 94 | 42 | 52 | | NORTHWEST INTL MASTERS TOURNAMENT |
| 44 | Arnoud | Visser | 1981 | -105 kg | 0,000 | 0 | 0 | 141 | CF Willemsoord | NORTHWEST INTL MASTERS TOURNAMENT |
| 44 | Martijn | Poortvliet | 1981 | -105 kg | 0,000 | 0 | 80 | 0 | | NORTHWEST INTL MASTERS TOURNAMENT |
| 44 | Patrick | Hoetmer | 1967 | -85 kg | 0,000 | 0 | 61 | 0 | We Lift | NORTHWEST INTL MASTERS TOURNAMENT |
| 44 | Thomas | Djuly | 1990 | -77 kg | 0,000 | 0 | 52 | 0 | USC | National team competition 2018 - round 2 |