

ranking	name	Family name	Birth year	weightclass	sinclair	total	best snatch	Best C&J	Club	event
1	Sanne	Bijleveld	1993	-63 kg	217,0534	164	72	92	UnScared Weightlifting	2018 Nederlands Senioren Kampioenschappen
2	Monique	Kleinstapel	1982	-75 kg	208,2431	169	79	90	Waalsport	2018 Nederlands Senioren Kampioenschappen
3	Evita	Talahatu	1987	-58 kg	208,0363	146	63	83		Dutch Strength Summer Cup
4	Lieke	Hermans	1951	-75 kg	197,867	165	74	91	We Lift	NORTHWEST INTL MASTERS TOURNAMENT
5	Iris	Groeneveld	1995	-63 kg	196,073	148	62	86	UnScared Weightlifting	2018 Nederlands Senioren Kampioenschappen
6	Charlotte	Maris	1992	-63 kg	195,5338	147	71	76		2018 Nederlands Senioren Kampioenschappen
7	Iris	Schouten	1995	-69 kg	192,3708	149	63	86	Erasmus Uni Rotterdam, 4142	Student Cup
8	Kim	Vulperhorst	1993	-69 kg	191,6743	149	68	81		Dutch Strength Summer Cup
9	Charissa	Wijnands	1990	-90 kg	189,3496	166	71	95	Weightlifting Rotterdam	National team competition 2018 - round 2
10	Rebecca	Oudheusden	1989	-75 kg	187,0665	151	65	86	Weightlifting Rotterdam	National team competition 2018 - round 2
11	Irma	Rodenhuis	1995	-75 kg	180,238	151	67	84	Get Under The Bar	2018 Nederlands Senioren Kampioenschappen
12	Jennifer	Boer	1988	-90 kg	177,1904	159	74	85	North West Weightlifting	National team competition 2018 - round 2
13	Cecily	Sadowski	1995	-90 kg	176,7118	155	68	87	UnScared Weightlifting	2018 Nederlands Senioren Kampioenschappen
14	Danique	Schepens	1990	+90 kg	174,2042	160	70	90	CrossFit Fabriek 0492	2018 Nederlands Senioren Kampioenschappen
15	Charlotte	den Ouden	1988	-90 kg	171,6967	155	70	85		2018 Nederlands Senioren Kampioenschappen
16	Tosca	Mulder	1997	-90 kg	169,8131	144	65	79	MLAB Weightlifting	2018 Nederlands Senioren Kampioenschappen
17	Bianca	Oostveen	1989	-69 kg	167,0199	133	58	75	MLAB	2018 Nederlands Senioren Kampioenschappen
18	Natasja	Boe	1986	-75 kg	165,9144	139	61	78		Dutch Strength Summer Cup
19	Marcha	van Glaanen Weijgel	1968	-69 kg	163,7733	129	50	79	Dutch Strength	2018 Nederlands Senioren Kampioenschappen
20	Sharon	van der Horst	1987	-75 kg	161,9054	134	56	78	MLAB Weightlifting	2018 Nederlands Senioren Kampioenschappen
21	Lotte	van den Berg	1951	-69 kg	161,864	129	61	68	We Lift	NORTHWEST INTL MASTERS TOURNAMENT
22	Adela	Pijcke	1965	-58 kg	158,3633	111	46	65	North West Weightlifting	2018 Nederlands Senioren Kampioenschappen
23	Esra	Ayaz	1992	-75 kg	157,5404	129	61	68		Dutch Strength Summer Cup
24	Jinga	Gosschalk	1979	-75 kg	154,3157	127	57	70	Dutch Strength	Dutch Strength Summer Cup
25	Marije	Groen	1985	-58 kg	152,815	110	48	62		Dutch Strength Summer Cup
26	Yvonne	van der Vegte	1983	-69 kg	150,4892	121	55	66		Dutch Strength Spring Cup
27	Elsa	de Vries	1984	-75 kg	149,6697	123	51	72	Dutch Strength	Dutch Strength Summer Cup
28	Kelly	Vreeling	1991	-53 kg	142,6267	97	46	51	Dutch Strength	Dutch Strength Summer Cup
29	Ciska	Bosma	1981	+90 kg	140,1123	133	57	76	North West Weightlifting	National team competition 2018 - round 2
30	Kim	Schouten	1984	-90 kg	139,988	120	54	66		Dutch Strength Summer Cup
31	Dikla	Vrolijk	1951	-58 kg	138,0169	99	41	58	North West Weightlifting	NORTHWEST INTL MASTERS TOURNAMENT
32	Joyce	Oosting	1951	-69 kg	137,354	110	48	62		NORTHWEST INTL MASTERS TOURNAMENT
33	Mita	Overvliet	1979	-75 kg	137,2673	115	55	60	B.M.	Student Cup
34	Jessica	Schouten	1997	+90 kg	135,5901	129	60	69	HvR 0928947	Student Cup
35	Ishiah	Romeijn	1992	-63 kg	133,1512	100	40	60	UvA 11169540	Student Cup
36	Valery	Janse	1990	-69 kg	130,861	102	45	57		Dutch Strength Spring Cup
37	Janna	Vos, de	1994	-75 kg	128,3137	107	47	60	Studenten Krachtsport Vereni	National team competition 2018 - round 2
38	Karien	Timmerman	1993	-90 kg	126,7394	110	50	60	Studenten Krachtsport Vereni	National team competition 2018 - round 2
39	Eva	van Zanten	2001	-63 kg	126,1985	94	37	57	Crossfit Amersfoort	2017 Nederlandse Junioren Kampioenschappen
40	Gilvana	Leutscher	2005	-48 kg	122,0734	65	27	38	waalsport	2017 Nederlandse Junioren Kampioenschappen
41	Emy	Wijker	1988	-69 kg	121,9118	97	41	56	Dutch Strength	National team competition 2018 - round 2
42	Anne	Meerdink	1990	-75 kg	121,864	101	45	56		Dutch Strength Summer Cup
43	Marina	Langendoen	1977	-58 kg	118,1893	82	35	47	North West Weightlifting	National team competition 2018 - round 2
44	Lonneke	Oordt	1951	+90 kg	113,0683	106	43	63	Crossfit Amersfoort	NORTHWEST INTL MASTERS TOURNAMENT
45	Maria	Berendsen	1951	-53 kg	112,4651	75	34	41	Waalsport	NORTHWEST INTL MASTERS TOURNAMENT
46	Linetta	Hartman	1990	-75 kg	106,6996	88	38	50		Dutch Strength Summer Cup
47	Joke	Dikhoff	1951	-58 kg	103,0431	74	29	45		NORTHWEST INTL MASTERS TOURNAMENT
48	Nannie	Putters	1951	-63 kg	90,04417	67	25	42		NORTHWEST INTL MASTERS TOURNAMENT
49	Annette	Koster	1951	-58 kg	78,34745	56	21	35		NORTHWEST INTL MASTERS TOURNAMENT
50	Amber	Eijzenbach	1988	-69 kg	0	0	63	0	Waalsport	2018 Nederlands Senioren Kampioenschappen