

NGB
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COMPÉTITION : **NK15+**
 SITE : CrossfitFlames CITY : Amsterdam
 DATE : 19-1-2019 ORGANIZER : DutchStrength/CFFlames/NGB

AFF.	#	TAS	NAME	GIVEN NAME	CAT.	B.W.	Team	Birth Date	SNATCH			Best snatch	CLEAN&JERK			Best C&J	Total	Rank	Sinclair	
									1	2	3		1	2	3				Sinclair	SMF
2361	4	34	Bekker	Belinda	f59	57,90	Mirwais TS	28-7-1987	66	(70)	71	71	82	86	(89)	86	157	1	217,103	223,833
1860	3	25	Timmermans	Myrthe	f59	58,00	Waaalsport	5-1-1997	63	66	(69)	66	81	(85)	(88)	81	147	2	203,042	203,042
1734	2	14	Groen	Marije	f59	55,90	Tovmasjan WL	25-3-1985	47	51	53	53	65	68	(71)	68	121	3	171,346	181,456
1203	1	1	Hartog den	Carline	f59	56,90	CF Amersfoort	18-4-1993	(58)	(62)	(65)	-	78	(84)	(86)	78	-	-	-	-
1868	5	18	Bijleveld	Sanne	f64	63,50	Unscared WL	14-9-1993	71	74	77	77	91	96	98	98	175	1	228,262	228,262
1077	6	30	Groeneveld	Iris	f64	63,60	Unscared WL	28-4-1995	62	65	(69)	65	82	87	(89)	87	152	2	198,074	198,074
1623	7	37	Gerrits	Charlotte	f64	63,20	Art of Power	30-8-1989	53	56	(59)	56	68	71	(73)	71	127	3	166,126	166,126
1574	3	32	Frans	Fransi	f71	68,10	Extreme Sport Academy	19-1-1996	68	71	(75)	71	86	89	(92)	89	160	1	200,434	200,434
996	2	16	Schouten	Iris	f71	68,10	Mirwais TS	22-11-1995	71	(75)	75	75	84	(88)	(89)	84	159	2	199,182	199,182
2021	4	36	Olde Bolhaar	Lara	f71	70,10	Waaalsport	20-10-1994	(68)	(68)	70	70	80	84	(87)	84	154	3	189,904	189,904
1163	10	29	Vulperhorst	Kim	f71	68,00	Gew Zwolle	3-1-1993	62	66	(70)	66	80	(85)	(85)	80	146	-	183,045	183,045
2165	8	7	Laan	Jorien	f71	69,60	CF Duketown	22-8-1994	57	60	(63)	60	77	79	(82)	79	139	-	172,067	172,067
826	11	31	Berg van den	Lotte	f71	70,60	We Lift	20-6-1978	60	64	(67)	64	70	(75)	(76)	70	134	-	164,618	189,146
716	1	8	Oudheusden	Rebecca	f71	67,50	WL Rotterdam	14-7-1989	70	(73)	74	74	(85)	(87)	(89)	-	-	-	-	
2402	9	23	Beekhof	Dominique	f71	68,40	Waaalsport	2-8-1991	(64)	(64)	(64)	-	73	76	(79)	76	-	-	-	-
805	5	27	Hermans	Lieke	f76	74,10	We Lift	17-2-1977	70	74	76	76	84	88	(91)	88	164	1	196,536	228,375
1189	6	38	Mulder	Tosca	f76	75,00	MLAB	17-7-1997	66	(70)	(70)	66	82	(86)	(86)	82	148	2	176,311	176,311
892	8	28	Wijnands	Charissa	f81	80,40	WL Rotterdam	7-8-1990	70	(75)	(75)	70	(90)	90	(99)	90	160	1	184,550	184,550
844	7	17	Boe	Natasja	f81	80,00	zelfstandig	2-4-1986	64	(68)	(68)	64	(75)	77	80	80	144	2	166,462	174,119
712	10	11	Ouden den	Charlotte	f87	83,50	zelfstandig	14-12-1988	73	77	80	80	87	90	93	93	173	1	196,340	199,482
1053	9	4	Boer	Jennifer	f87	84,30	NWW	12-4-1988	62	(66)	66	66	75	79	83	83	149	2	168,440	171,135
976	11	22	Schepens	Danique	f87	99,30	CF fabriek 0492	28-11-1990	(75)	(76)	(76)	-	93	96	(100)	96	-	-	-	-
1530	1	33	Matos	Justin	m61	56,00	Extreme Sport Academy	23-8-1997	72	(77)	77	77	(90)	90	93	93	170	1	260,328	260,328
958	3	44	Kortman	Jeremia	m73	71,00	Mirwais TS	18-6-1990	105	(112)	112	112	125	(131)	(137)	125	237	1	309,677	309,677
1408	2	15	Bruijnen	Teun	m73	72,50	DutchStrength	9-9-1996	107	(112)	(112)	107	(131)	(133)	(133)	-	-	-	-	
1235	7	46	Hoop de	Tom	m81	77,70	Powerhouse 040	23-4-1999	100	104	107	107	127	133	(138)	133	240	1	298,110	298,110
1238	5	19	Leeuwen van	Tobias	m81	79,50	Get under the bar	7-8-1991	104	(108)	108	108	126	131	(136)	131	239	2	293,321	293,321
2156	4	10	Delang	Tristan	m81	78,20	KSV Helios	21-12-1987	95	100	(103)	100	117	(122)	(123)	117	217	3	268,626	276,953
1270	6	43	Brounen	Bas	m81	80,00	Get under the bar	9-11-1992	90	(95)	(97)	90	114	(121)	(125)	114	204	-	249,559	249,559
1280	3	21	Tovmasjan	Karen	m89	88,90	Tovmasjan WL	5-8-1990	135	139	(142)	139	160	170	-	170	309	1	359,395	359,395
1209	2	12	Zantinge	Douwe	m89	89,00	Waaalsport	3-11-1995	123	126	(130)	126	(150)	150	(160)	150	276	2	320,853	320,853
1327	10	26	Made van der	Jeffrey	m89	85,90	MLAB	19-1-1992	96	101	(105)	101	130	(135)	(137)	130	231	3	272,908	272,908
2324	11	39	Stiekema	Jelmer	m89	86,50	USC	4-7-1989	98	(102)	(103)	98	125	(130)	(131)	125	223	-	262,606	262,606
961	1	6	Ansem	Guido	m89	86,90	WL Rotterdam	28-8-1996	100	(103)	(105)	100	115	(120)	(120)	115	215	-	252,648	252,648
771	8	3	Kruijs van der	Peter	m89	87,00	Leeff!	16-12-1985	(90)	93	(98)	93	115	(121)	(122)	115	208	-	244,293	258,706
1144	9	24	Lam	Yu Shan	m89	85,90	USC	10-2-1984	(100)	(100)	(100)	-	115	120	(125)	120	-	-	-	-
1916	5	13	Meurs van	Koen	m96	95,30	CF Duketown	14-2-1998	105	110	115	115	125	135	(140)	135	250	1	282,375	282,375
1588	4	2	Niet van der	Marc	m96	93,90	LKV de Spartaan	7-9-1992	98	(102)	104	104	(125)	125	(130)	125	229	2	260,206	260,206
709	6	42	Brouwer	Dirk	m102	101,10	CFA	28-6-1985	(120)	120	(126)	120	136	(141)	(143)	136	256	1	282,741	299,422
882	7	41	Visser	Arnoud	m109	107,30	zelfstandig	24-8-1981	110	118	(125)	118	135	140	(145)	140	258	1	279,228	309,663
1493	8	45	Koekkoek	Niels	m109	102,70	Art of Power	31-3-1994	(101)	101	(105)	101	123	128	(132)	128	229	2	251,514	251,514
993	9	5	Kuworge	Enzo	m>109	146,00	Waaalsport	31-8-2001	159	(163)	(163)	159	(171)	171	181	181	340	1	343,783	343,783

Announcer B Knoppers / EJ Kwekkeboom Marshall B Knoppers / EJ Kwekkeboom Timekeeper B Knoppers / EJ Kwekkeboom Technical Controller rotating

Referee 1 rotating Referee 2 rotating Referee 3 rotating

Jury SC NGB