

SBD Cup 2021

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Rank	ES%	Birth year	int. age	Nat.	Type Competitie	Datum	BCF	AC	Name	Given Name	Gender M(male) F(female)	Sen. Class	BWT	NAT-Club/Team	Geb. datum	S1	S2	S3	Best Snatch	C1	C2	C3	Best Cl.&Jerk	Total	BWT Sincl.	CAT Sincl.	ES%	ACES%
1	1	2000	21	NED	3- NGB SBD Cup	44500	260	1,0000	van Velzen	Jiske	F	F71	69,0	NED-UnScared Weightlifting	12-6-00	76	79	-82	79	94	98	100	100	179	223,155	219,246	68,85%	68,85%
1	2	1989	32	NED	3- NGB SBD Cup	44500	260	1,0310	Oudheusden	Rebecca	F	F71	66,0	NED-MLAB	14-7-89	73	77	-81	77	93	-98	-98	93	170	217,714	208,223	65,38%	67,41%
1	3	1994	27	NED	3- NGB SBD Cup	44500	272	1,0000	Olde Bolhaar	Lara	F	F76	74,0	NED-Gewichthefacademie Waalsport	20-10-94	80	-83	-85	80	-95	95	-101	95	175	210,284	207,145	64,34%	64,34%
1	4	1994	27	NED	3- NGB SBD Cup	44500	272	1,0000	Laan	Jorien	F	F76	74,0	NED-CrossFit Duketown	22-8-94	73	76	78	78	89	92	94	94	172	206,261	203,594	63,24%	63,24%
1	5	1997	24	NED	3- NGB SBD Cup	44500	282	1,0000	Jacobs	Michelle	F	F81	78,0	NED-Art of Power	22-9-97	-70	70	-76	70	97	102	-105	102	172	200,885	197,746	60,99%	60,99%
1	7	1995	26	NED	3- NGB SBD Cup	44500	260	1,0000	Fischer	Jitha	F	F71	70,0	NED-Vondelgym	23-12-95	61	64	67	67	80	84	87	87	154	189,904	188,625	59,23%	59,23%
1	6	2002	19	POL	3- NGB SBD Cup	44500	260	1,0000	Pazur	Martyna	F	F71	71,0	POL-	20-8-02	65	70	73	73	80	85	-90	85	158	193,098	187,022	60,77%	60,77%
1	8	1991	30	GER	3- NGB SBD Cup	44500	260	1,0000	Damm	Larissa	F	F64	68,0	GER-Art of Power	19-1-91	45	-47	-47	45	57	-62	-63	57	102	128,302	124,934	56,20%	56,20%
1	10	1993	28	NED	3- NGB SBD Cup	44500	260	1,0000	Schellekens	Valeria	F	F71	68,0	NED-VondelGym	17-5-93	63	67	-72	67	75	-80	-80	75	142	177,885	173,927	54,62%	54,62%
1	11	1989	32	NED	3- NGB SBD Cup	44500	272	1,0310	Arends	Sandra	F	F76	76,0	NED- MLAB	24-3-89	-60	60	-66	60	-80	83	-87	83	143	169,374	169,267	52,57%	54,20%
1	12	1996	25	NED	3- NGB SBD Cup	44500	294	1,0000	Meile	Marieke	F	F87	83,0	NED-Bart van Nimwegen S&C	9-12-96	64	-68	68	68	76	80	-84	80	148	168,219	165,224	50,34%	50,34%
1	9	2007	14	NED	3- NGB SBD Cup	44500	196	1,0000	Mostert	Lynn	F	F49	49,0	NED-Gewichthefacademie Waalsport	20-5-07	48	50	51	51	57	-59	-60	57	108	168,442	168,442	55,10%	55,10%
1	13	1993	28	NED	3- NGB SBD Cup	44500	282	1,0000	Timmerman	Karien	F	F81	78,0	NED-MLAB	22-7-93	60	-64	-65	60	65	70	-75	70	130	152,011	149,459	46,10%	46,10%
1	14	2002	19	NED	3- NGB SBD Cup	44500	260	1,0000	Pereboom	Nina	F	F71	69,0	NED-	11-5-02	46	49	51	51	-63	63	66	66	117	145,4	143,306	45,00%	45,00%
1		1983	38	NED	3- NGB SBD Cup	44500	228	1,1090	Mahmoud	Linda	F	F59	59,0	NED-Gewichthefacademie Waalsport	19-1-83	43	-45	47	47	-56	-56	-58	0					
1		2001	20	NED	3- NGB SBD Cup	44500	242	1,0000	Eshuis	Zoë	F	F64	62,0	NED-	8-6-01	60	64	65	65	-75	-75	-75	0					
1		1991	30	NED	3- NGB SBD Cup	44500	242	1,0000	van den Hoek	Lilly	F	F64	63,0	NED- IKESTYLE	17-7-91	-63	-63	-65	0	70	75	80	80					
2	1	1983	38	NED	3- NGB SBD Cup	44500	381	1,1090	Khathiri	Omar	M	M89	83,5	NED-	22-6-83	105	115	-117	115	141	146	150	150	265	317,327	308,065	69,55%	77,14%
2	2	1993	28	NED	3- NGB SBD Cup	44500	406	1,0000	Leppers	Pepijn	M	M102	100,2	NED-	14-5-93	115	122	126	126	-145	150	-162	150	276	305,821	303,866	67,98%	67,98%
2	3	1994	27	NED	3- NGB SBD Cup	44500	417	1,0000	Vermetten	Alexander	M	M109 kg	103,1	NED-UnScared Weightlifting	25-3-94	130	-140	-140	130	140	-150	-150	140	270	296,143	290,766	64,75%	64,75%
2	5	1994	27	NED	3- NGB SBD Cup	44500	381	1,0000	Brundel	Casper	M	M89	85,1	NED-	8-1-94	97	102	108	108	131	-136	-137	131	239	283,603	277,84	62,73%	62,73%
2	4	1999	22	NED	3- NGB SBD Cup	44500	381	1,0000	Lemaire	Dagon	M	M89	86,7	NED-Gewichthefacademie Waalsport	24-4-99	105	110	-115	110	125	-130	130	130	240	282,324	279,002	62,99%	62,99%
2	6	1995	26	NED	3- NGB SBD Cup	44500	363	1,0000	de Lange	Rudy	M	M81	80,5	NED-	20-1-95	90	94	-97	94	-116	116	123	123	217	264,618	263,789	59,78%	59,78%
2	9	2001	20	NED	3- NGB SBD Cup	44500	363	1,0000	Tibosch	Hidde	M	M81	75,9	NED-Powerhouse040	3-7-01	85	90	94	94	115	-118	-120	115	209	262,909	254,064	57,58%	57,58%
2	7	1999	22	NED	3- NGB SBD Cup	44500	363	1,0000	Strickx	Gabriël	M	M81	80,8	NED- MLAB	27-2-99	95	100	-103	100	116	-120	-120	116	216	262,902	262,573	59,50%	59,50%
2	11	1999	22	NED	3- NGB SBD Cup	44500	452	1,0000	Hofstee	Robert	M	M-109	122,6	NED-Alper Coaching	15-9-99	110	-115	115	115	125	130	135	135	250	260,732	260,500	55,31%	55,31%
2	8	1997	24	NED	3- NGB SBD Cup	44500	363	1,0000	Boonstra	Victor	M	M81	77,8	NED-Powerhouse040	10-7-97	90	95	-100	95	108	115	-119	115	210	260,668	255,279	57,85%	57,85%
2	10	1991	30	NED	3- NGB SBD Cup	44500	363	1,0000	van Oudenhove	Bas	M	M81	77,7	NED-We Lift	25-1-91	85	-91	-91	85	111	-116	116	116	201	249,667	244,339	55,37%	55,37%
2	14	1986	35	NED	3- NGB SBD Cup	44500	452	1,0720	Winters	Peter	M	M-109	120,5	NED- Powerhouse 040	22-11-86	105	110	-115	110	120	125	-130	125	235	246,106	235	51,99%	55,73%
2	13	1988	33	NED	3- NGB SBD Cup	44500	327	1,0460	van der Nat	Joris	M	M67	63,4	NED-Mirwais Training System	12-6-88	76	-79	-83	76	-95	95	-100	95	171	239,904	231,483	52,29%	54,70%
2	12	1991	30	NED	3- NGB SBD Cup	44500	363	1,0000	de Pol	Leroy	M	M81	79,7	NED-Art of Power	4-9-91	-85	85	-90	85	105	-112	-116	105	190	232,882	230,967	52,34%	52,34%
2	15	2004	17	NED	3- NGB SBD Cup	44500	406	1,0000	Safari	Sherwin	M	M102	99,7	NED-Alper Coaching	16-2-04	-90	90	95	95	100	106	-111	106	201	223,128	221,294	49,51%	49,51%
2	16	1996	25	NED	3- NGB SBD Cup	44500	381	1,0000	Gunbulut	Kerem Ali	M	M89	86,8	NED-MLAB	18-12-96	75	-80	82	82	97	102	-107	102	184	216,334	213,902	48,29%	48,29%
2	18	1999	22	NED	3- NGB SBD Cup	44500	309	1,0000	Espada	Laurens	M	M61	58,6	NED-	25-7-99	57	60	61	61	72	-76	-77	72	133	197,02	191,536	43,04%	43,04%
2	17	1996	25	NED	3- NGB SBD Cup	44500	343	1,0000	Jadoenathmissier	Hiresh	M	M73	72,3	NED-	17-9-96	60	65	-70	65	80	-86	87	87	152	196,514	195,426	44,31%	44,31%
2	19	1993	28	NED	3- NGB SBD Cup	44500	343	1,0000	Sampono	Joey	M	M73	71,1	NED-Alper Coaching	1-3-93	60	-65	-67	60	85	-87	87	87	147	191,918	188,997	42,86%	42,86%
2	20	1961	60	NED	3- NGB SBD Cup	44500	381	1,5140	Janknegt	Gerrit	M	M89	83,6	NED-	6-10-61	52	-57	57	57	70	-75	-76	70	127	151,989	147,639	33,33%	50,47%
2		1994	27	NED	3- NGB SBD Cup	44500	363	1,0000	Sumer	Semih	M	M81	80,9	NED-	28-2-94	-91	-92	92	92	-105	-106	-106						