

Resultaten Eleiko NK Gewichtheffen 2025
9 februari 2025, World of Weights Almere

Naam	Leeftijd	Club	Gender	Gewicht	Klasse	S1	S2	S3	Beste snatch	CJ1	CJ2	CJ3	Beste clean & jerk	Totaal	Q-Points	Rang
Willem van der Wal	34	Welift	M	86.25	SR M 89	120	-125	-127	120	151	(159)	159	159	279	352.724	1
Omar Khathiri	42		M	85.55	SR M 89	121	126	-129	126	150	(155)	(155)	150	276	350.159	2
Niels Kerkhoff	33		M	87.9	SR M 89	115	-123	130	130	140	148	(155)	148	278	348.665	3
Mattijs Mols	25		M	125.95	SR M 109+	135	-139	-143	135	155	(161)	(165)	155	290	322.517	4
Róman Bouwman	31	Welift	M	106.6	SR M 109	115	120	124	124	150	(156)	(156)	150	274	320.469	5
Rudy de Lange	30		M	88.4	SR M 89	99	105	110	110	128	136	(141)	136	246	307.809	6
Victor Boonstra	28	Powerhouse 040	M	78	SR M 81	101	105	-108	105	120	127	(131)	127	232	307.484	7
Jesset Zweverink	34	Waalsport	M	70.75	SR M 73	94	98	-101	98	121	(130)	(131)	121	219	306.932	8
Luca Vos	17	Feel So Good	M	59.75	SR M 61	73	78	-82	78	105	108	112	112	190	304.175	9
Robbie van de Ven	27	Crossfit Noordkade	M	71.95	SR M 73	90	-93	93	93	-120	(120)	120	120	213	295.406	10
Jeffrey Ganseman	30	Art Weightlifting	M	88.85	SR M 89	104	-108	-111	104	130	(135)	(139)	130	234	292.187	11
Jelmer Stiekema	36	USC	M	87.3	SR M 89	98	102	-106	102	-125	(127)	127	127	229	288.031	12
Jurre de Vries	23	Gewichthefacademie Friesland	M	101.1	SR M 102	-103	-104	104	104	-120	120	(130)	120	224	266.614	13
Arie Brussaard	18	Dutch Strength	M	77.5	SR M 81	-90	-90	-90	-	105	110	115	115	-	0.000	-
Tarek Nachawati	26	You(R) Shape	M	79.95	SR M 81	-110	-112	-112	-	-	-	-	-	-	0.000	-
Marlous Schuilwerve	30		W	56.75	SR W 59	75	78	81	81	93	(96)	(97)	93	174	251.438	1
Toscane Genee	27		W	81.05	SR W 87	82	-86	-90	82	100	104	(108)	104	186	228.860	2
Kim Groot	32	El Barrio Weightlifting	W	62.55	SR W 64	73	-76	78	78	82	88	(92)	88	166	227.072	3
Faye Noël Pouw	22	Kairos Weightlifting	W	75.7	SR W 76	70	73	-75	73	95	100	105	105	178	224.322	4
Malou Spoelstra	28	El Barrio Weightlifting	W	68.75	SR W 71	73	76	80	80	85	90	(93)	90	170	222.541	5
Lynn de Gooijer	27	Kairos Weightlifting	W	51.85	SR W 55	55	59	62	62	77	(81)	(81)	77	139	213.908	6
Marise Dicou	37	El Barrio Weightlifting	W	54.85	SR W 55	55	58	61	61	78	81	(85)	81	142	209.795	7
Madelon Heerema	30		W	71.35	SR W 76	-72	-72	72	72	82	85	88	88	160	206.261	8
Iris Schouten	30		W	74.05	SR W 76	66	-69	70	70	85	(88)	89	89	159	202.029	9
Nicky Janssen	25	Renaissance Performance	W	65.8	SR W 71	65	68	-71	68	78	81	(83)	81	149	198.881	10
Liza Mauritz	30		W	66.9	SR W 71	60	63	-66	63	81	85	87	87	150	198.713	11
Anne Govaars	24		W	75.8	SR W 76	-62	65	-67	65	88	92	(95)	92	157	197.761	12
Pascal Schipper	25	Kairos Weightlifting	W	69.7	SR W 71	58	61	65	65	79	83	86	86	151	196.529	13
Jasmijn Tosseram	31	Powerhouse 040	W	72.1	SR W 76	65	-68	69	69	78	(81)	83	83	152	195.135	14
Marieke Meile	29	BARS Weightlifting	W	75.95	SR W 76	70	-73	-73	70	85	(88)	(89)	85	155	195.101	15
Sharina Ramdien	33	Allround CrossFit	W	48.7	SR W 49	52	-55	-55	52	68	(72)	(72)	68	120	194.683	16
Jans van der Zanden	29	Powerhouse 040	W	76.2	SR W 81	55	60	64	64	70	78	(85)	78	142	178.524	17