

Resultaten NK Teams voorronde 1, gehouden op 19 maart 2025

Atleet	Team	Geslacht	Gewicht	Klasse	S1	S2	S3	Beste	CJ1	CJ2	CJ3	Beste	Totaal	ES	
Eefke Dreqa	BARS weightlifting	F	61,2	F 64		65	73	77	77	90	95	98	98	175	72,31%
Dominique Beekhof	BARS weightlifting	F	80,7	F 81		65	70	-73	70	85	-90	90	90	160	56,74%
Marieke Meile	BARS weightlifting	F	78,5	F 81		65	-70	-70	65	75	80	84	84	149	52,84%
Mirte Snoeren	BARS weightlifting	F	103,5	F >87		35	39	41	41	50	-54	-54	50	91	28,35%
Rick Fietjé	Crossfit Noordkade	M	105,3	M 109		108	114	118	118	-128	128	133	133	251	60,19%
Tygo Rossall	Crossfit Noordkade	M	71,8	M 73		80	86	91	91	105	110	115	115	206	60,06%
Nicole Rikken	Crossfit Noordkade	F	69,3	F 71		45	48	52	52	60	-64	66	66	118	45,38%
Rosa van den Manacke	Crossfit Noordkade	F	109,5	F >87		48	-52	-57	48	65	70	75	75	123	38,32%
Francesco Gennari	Dutch Strength	M	77,9	M 81		95	105	110	110	125	130	-140	130	240	66,12%
Arie Brussaard	Dutch Strength	M	80,1	M 81		95	-100	-100	95	120	-127	-127	120	215	59,23%
Jessica Linsten	Dutch Strength	F	64,8	F 71		60	64	68	68	70	75	78	78	146	56,12%
Marlous Schuilwerve	El Barrio Weightlifting	F	57,2	F 59		60			60	75			75	135	59,21%
Kim Groot	El Barrio Weightlifting	F	65,3	F 71		68	-74	-74	68	78	-85	-85	78	146	56,15%
James Morehen	El Barrio Weightlifting	M	76,9	M 81		75	80	-83	80	110	115	-120	115	195	53,72%
Rutger Koelewijn	El Barrio Weightlifting	M	102	M 102		-110	-110	-110	0	135	140	-150	140	0	0,00%
Tarek Nachawati	Gewichthefacademie Frieslar	M	82,2	M 89		100	-107	110	110	125	0	0	125	235	61,68%
Mara Almer	Gewichthefacademie Frieslar	F	84,4	F 87		35	40	-44	40	45	50	53	53	93	31,63%
Jacco Almer	Gewichthefacademie Frieslar	M	82,2	M 89		50	-56	-60	50	70	-75	-75	70	120	31,50%
Lars Kersten	Kairos Weightlifting	M	101,8	M 102		110	-117	117	117	135	142	146	146	263	64,78%
Lynn de Gooijer	Kairos Weightlifting	F	51,3	F 55		55	60	-63	60	73	76	-79	76	136	62,96%
Michelle Jacobs	Kairos Weightlifting	F	81,8	F 87		65	70	-74	70	95	-100	100	100	170	57,82%
Dunya Heijt	Kairos Weightlifting	F	80,2	F 81		50	53	-56	53	72	-76	-79	72	125	44,33%
Lukas Wilmink	Loewie Pt	M	80,9	M 81		93	97	101	101	120	125	130	130	231	63,64%
Mattys Mols	Loewie Pt	M	123,2	M >109		122	126	-130	126	138	143	-149	143	269	59,51%
Loewie van Uden	Loewie Pt	M	94,5	M 96		-85	85	-90	85	105	110	-115	110	195	49,37%
Noortje van der Vleuten	Loewie Pt	F	64	F 64		38	42	47	47	43	48	55	55	102	42,15%
Victor Boonstra	Powerhouse 040 (1)	M	79,2	M 81		95	-101	102	102	115	122	127	127	229	63,09%
Gonzalo Ruiz	Powerhouse 040 (1)	M	99,7	M 102		-100	100	108	108	120	125	133	133	241	59,36%
Valerio Figuera	Powerhouse 040 (1)	M	73,8	M 81		-85	85	91	91	112	116	-120	116	207	57,02%
Nora Koene	Powerhouse 040 (1)	F	62,8	F 64		47	49	52	52	60	63	66	66	118	48,76%
Daan Snoeken	Powerhouse 040 (2)	M	97,1	M 102		73	76	-81	76	100	105	108	108	184	45,32%
Luka Brian	Powerhouse 040 (2)	F	69,7	F 71		44	-46	46	46	66	71	-75	71	117	45,00%
Monique Jansen	Powerhouse 040 (2)	F	83,4	F 87		50	54	-57	54	68	72	76	76	130	44,22%
Enrique Esquivillas Le	Powerhouse 040 (2)	M	104,6	M 109		67	70	-75	70	83	-86	88	88	158	37,89%
Edwin Sudibyo	USC weightlifting	M	76,3	M 81		80	86	-91	86	100	-107	-111	100	186	51,24%
Celine Nieuwland	USC weightlifting	F	78	F 81		53	56	-59	56	73	77	-80	77	133	47,16%
Nathaniel Bontekoning	USC weightlifting	M	90,3	M 96		-67	67	72	72	-90	90	-95	90	162	41,01%
Jim Korink	USC weightlifting	M	93,7	M 96		52	-56	-60	52	-72	72	76	76	128	32,41%
Madelon Heerema	Weightlifting Den Haag	F	73	F 76		70	-75	-75	70	83	86	-89	86	156	57,35%
Eva Spoor	Weightlifting Den Haag	F	73,1	F 76		63	-66	-70	63	80	-85	-85	80	143	52,57%
Kyara Anasagasti	Weightlifting Den Haag	F	92,3	F >87		50	53	-57	53	60	-63	64	64	117	36,45%
Rosanna Borg	Weightlifting Den Haag	F	74,2	F 76		55	58	60	60	-75	-78	-78	0	0	0,00%
Niels Kerkhof	Weightlifting Twente (1)	M	88	M 89		-115	120	126	126	150	155	-160	155	281	73,75%
Jose Lugo	Weightlifting Twente (1)	M	79,6	M 81		75	80	85	85	100	105	-110	105	190	52,34%
Roos Lijthof	Weightlifting Twente (1)	F	68,8	F 71		55	-60	-60	55	65	-69	70	70	125	48,08%
Martijn Cristen	Weightlifting Twente (1)	M	69,9	M 73		53	56	60	60	70	76	83	83	143	41,69%
Laura Lohuis	Weightlifting Twente (2)	F	61	F 64		45	50	53	53	55	60	-65	60	113	46,69%
Frank Goossens	Weightlifting Twente (2)	M	110,8	M >109		85	-88	88	88	-105	105	-110	105	193	42,70%
Pepijn Hahnen	Weightlifting Twente (2)	M	94,3	M 96		-70	-70	70	70	90	95	-100	95	165	41,77%
Berend Swennenhuis	Weightlifting Twente (2)	M	92,2	M 96		60	70	-75	70	70	80	86	86	156	39,49%
Tono Quilis	World of Weights	M	99,5	M 102		92	95	98	98	122	128	-132	128	226	55,67%
Angeline van der Hoek	World of Weights	F	66,3	F 71		65	-68	71	71	70	73	-76	73	144	55,38%
Stelios Voutsas	World of Weights	M	99,8	M 102		92	95	97	97	105	110	-120	110	207	50,99%
Iggy Wrodikromo	World of Weights	M	94,4	M 96		80	83	87	87	85	88	-91	88	175	44,30%